OFFICE OF THE PRINCIPAL :: DARRANG COLLEGE :: TEZPUR

Ref: DC/Gen/F.No.254/16/2024/336

Date:- 02-05-2024

REVISED NOTICE VAC Class Schedule (2nd Semester / B.A. and B.Sc.)

As per resolution of HODs meeting held on 02-03-2024 and approved by Academic Council vide resolution No. AC/2023/6/2 dated 09-03- 2024, the following VAC paper has been selected for BA and B.Sc. programme (2nd Semester FYUGP).

Name of Paper: Yoga and Wellness

Students must submit an assignment on any of the topics listed below. Classes will be held from 2nd of May, 2024 according to the Time Table given below. Practical classes will be held after completion of theory examination.

- Assignment:
 - a) <u>TOPIC</u>:
 - i) Yoga : Its Origin, History and Development

Or

- ii) Astangayoga : The importance of Eight parts of Yoga.
- b) Assignment must be submitted in COUNTER No. 1 on or before 15th of May, 2024
- c) Name / UID / Department / Contact No. must be written clearly on the front page.
- d) Word limit : Maximum 200 words.
- e) Assignment must be written on single side of A4 size paper.

CLASS SCHEDULE:

Date	Time	Stream	LUD
02-05-2024	3.45 p.m. to 4.30 p.m.	B.A.	UID
06-05-2024			23AD001 - 23AD0370
11-05-2024			
15-05-2024			
18-05-2024			
22-05-2024			
03-05-2024	3.45 p.m. to 4.30 p.m.	B.A.	
07-05-2024			23AD0371 - 23AD0746
13-05-2024			
16-05-2024			
20-05-2024			
24-05-2024			
04-05-2024			
08-05-2024	3.45 p.m. to 4.30 p.m.	B.Sc., / BCA / Biotechnology)	All Students
14-05-2024			
17-05-2024			
21-05-2024			
25-05-2024			
ne of Resource P	010000		

Name of Resource Person:

- 1) Namita Lahkar (9435306774)
- 2) Hiramoni Kalita (8812851476)

VENUE: Alumni Gallery

Copy to the:

- 1. V.P. for information.
- 2. All the notice boards.
- 3. College Website.
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