



National Integration Youth Camp

Organized By,

National Youth Project

From (28th April to 3rd May 2023)

Darrang College NSS Unit

Introduction

- **National Integration Camps** gives youths an exposure to different traditions and culture of people living in India. This imparts a quality of understanding people in a youth. As a result youths can understand that '**Unity in Diversity**' is surely possible and can take steps towards making this dream into a living reality. This teaches a youth how to adapt with different types of people having different traditions, languages and religions. While other camps focus on social service, all religious prayer, discussion on important issues, learning each other's language, etc., this camp focuses on cultural activities. The main aim of this camp is to teach youths that how to live in a community. These camps help building '**Ek Bharat, Shrestha Bharat**'.
- **NYP** recently organized a "**National Integration Youth Camp**" at Government Secondary School Bhalukpong, West Kameng District of Arunachal Pradesh, under the supervision of Camp Director H.P Biswas and Camp Coordinator Lama Sidisow along with the presence of Programme Officers Ashwini Kumar Deka (Rangapara College), Lakshmi Prakash Hazarika (Kherajkhat College), Gautam Gowala (Biswanath Commerce College), sponsored by Sri Kumsi Sidisow, the honourable MLA.



Day 1, (28th April)

- We headed towards Bhalukpong on 28th of April at 6.00am and reached by 8.00am. We settled down there in a local Secondary School and attended the Inaugural Function after having breakfast. The Guest of Honour of the Inaugural Function was Dr. Tage Neha, SMO and Sudhanshu Dhama, IPS.
- After the arrival of the Guests the function started with the Youth Song and welcome address by H.P Biswas, Camp Director, followed by felicitation of guests, introduction of campers and Bihu performance by Assam Team. The honourable guests encouraged and motivated us with their speech. The function was concluded with a vote of thanks by Lama Sidisow, Camp Coordinator.
- After having lunch and taking some rest we all gathered for the discussion period at 2.30pm. At the discussion period all of us were divided into different groups with a set of combined people from different states. Each group consisted of 10 members including a group leader to do group activities for the following days. After the formation of groups, the groups were assigned with different tasks to do.
- The cultural programme to be held that day was cancelled due to unfavorable weather condition. But with the guidance of the Camp officers a talent show was held within our campus. After the programme we had our dinner and headed to our dorms.



Day 2, (29th April)

- *Our day started at 4.55am with the Youth song. After freshening up we headed towards an open field for physical exercise. At 7.00am we went for Shram Sanskar to a nearby Monastery. After Shram Sanskar we went back to our campsite and had our breakfast. At 9.30am we went for flag salutation and proceeded to attend lecture and discussion on various important topics. After that we had a language class where our respected Camp Coordinator Lama Sidisow Sir taught us the local Hruso language of Aka tribe of Arunachal Pradesh.*
- *After having lunch and rehearsing for evening performance we had a youth talk on various topics of national importance from 2.00pm-3.00pm. And from 3.00pm we had an games and sport session. After having some tea and snacks we went for the talent exchange programme where we learned and shared talents with the campers.*
- *After getting ready for the cultural programme we had an all religion prayer and headed towards the cultural programme venue. Many people from different states performed and displayed their culture through dance, songs, poems etc. The cultural programme ended at 8.00pm and we came back to our campsite.*



Day 3, (30th April)

- We followed the same schedule for rest of the day, but we were taken to a helipad for Shram Sanskar.
- The same day we were taken to the Orchid Research Center of Tipi to learn about the orchids. Sri Jumter Nyorak educated us about types of orchids, reproduction of orchids and how to plant and take care of the orchids. There we learnt that there are a total of 690 breeds of orchid in Arunachal Pradesh. We got a lot of information and knowledge about 'Foxtail orchid' (Kopou phool) the state flower of Assam and Arunachal Pradesh.
- We performed a Bihu dance in the cultural programme representing the Assam team.



Day 4, (1st May)

- *The same schedule was followed for the rest of the day.*
- *The camp director and coordinator organized a picnic for the campers in a beautiful location in the bank of Kameng river amidst the beautiful mountains of Arunachal Pradesh. We enjoyed a lot there, all of us sang and danced together and had a delicious meal.*
- *In the evening we performed a chorus in the cultural programme.*



Day 5, (2nd May)

1. *The same schedule was followed for the day.*
2. *On this day during the discussion period we were taught the alphabets of hruso language by lama sidisow sir. As the discussion period was completed, we experienced a new game with H.P Biswas sir.*
3. *Following the program we went for the cultural evening, Assam team performed fusion dance, Bihu, and solo and group songs. Also had a great experience to see the Arunachal Pradesh's (Aka Dance) Bihar's (Folk Dance) West Bengal's (Folk Durga devi Dance) and many more.*



Day 6 (3rd May)

- *Since it was our last day, there were some changes in the schedule. Our day started at 6.00 am with the Youth Song and then followed the same schedule. The cultural programme started at 11.00 am and ended at 2.00pm. The local MLA, Sri Kumsi Sidisow and Dr. Tage Neha were invited as the guests of honour. Everyone wore their traditional attire to welcome the guests.*
- *Everyone displayed their traditional dance as it was the last day of the camp. The programme started with two traditional dance from Arunachal Pradesh (Aka dance, Sherdukpen and Kampti dance), three traditional dance from Assam (Odiya dance, Bihu dance and fusion dance), a traditional dance from Bihar, and a traditional dance from West Bengal (Malhang dance). And also solo songs were performed from Assam and Bihar.*
- *The programme concluded with the National Anthem.*
- *After having lunch it was time to say goodbye to our fellow campers. With a heavy heart and unforgettable memories we bid farewell to everyone with a expectation of meeting again.*



Conclusion

It was a whole new experience for all of us. We got an opportunity to learn many new things and explore places we have never been before. We felt really proud to be a part of the Assam team and represent Assam in a National Camp. We met people from different states and got a chance to experience their culture. The camp taught us many things, discipline, a sense of unity, leadership development, skill enhancement and learning new skills and different cultures of our Nation. We are thankful to the Programme Officers of NSS Unit of Darrang College to provide us with this golden opportunity. And special thanks to the Camp Director Hari Biswas, Camp Coordinator Sri Lama Sidisow and Programme Officers, Ashwini Kumar Deka, Lakshmi Prakash Hazarika and Gautam Gowala for carrying the camp smoothly and decently. We are thankful for educating and awaring us on various topics and providing us with the knowledge to motivate future youths. This camp was really helpful for us as we got the opportunity to not only learn others culture but also share and display our own unique culture.

“NOT ME BUT YOU”