

One Week Training Programme on Self-Defence for Girl Students

A one week training programme on self defence for girl students was organized by Darrang College Women's Forum from 3rd of November, 2023 to 9th of November, 2023.

Trainers:

1. Hirak Mandal, National School Game player, 4th Dan Black Belt, National Referee.
2. Popir Pait, Qualified black belt, Gold medal in all Assam Taekwondo Championship, 5 years experience in Taekwondo



