



OFFICE OF THE PRINCIPAL
DARRANG COLLEGE (AUTONOMOUS)

ESTD. 1945

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Tezpur, Sonitpur, Assam (784001)

Dc/Gen/F.No.254/16/2026/145

26-03-2026

Ref :

Date :

NOTICE

Submission of MDC & VAC Assignment
For FYUGP 2nd Semester B.A. & B.Sc Programme, 2026

It is hereby informed to all 2nd Semester students of B.A & B.Sc that following is the plan and schedule of submission of the Assignment for MDC & VAC courses for the session 2026 (Even Semester).

1. VAC 1: Yoga and Wellness

B.A & B.Sc 2nd Semester: Topic: Write two definitions of Yoga with their explanations. Explain etymology of Yoga along with its importance in the present days.

Or

Explain how the anatomy and physiology of human body is related to Yoga.

Date/Time/Place of submission: B.A. 1/4/2026, B.Sc 2/4/2026, from 10 AM to 2 PM, At the Dept. of Geography, Total Marks: 20

2. VAC 2: Indian Knowledge System

B.A, B.Sc & B.Com 2nd Semester: Topic: Application of Yoga for the management of lifestyle disorders.

Date/Time/Place of submission: B.A. 1/4/2026, B.Sc 2/4/2026 & B.Com 4/4/2026 from 10 AM to 2 PM, At the Dept. of Geography, Total Marks: 20

3. MDC: Sustainable Development

B.Sc 2nd Semester: Topic: Application of the concept of Sustainable Development in the utilization of natural resources.

Date/Time/Place of submission: B.Sc 27/4/2026 from 10 AM to 2 PM, At the Dept. of Geography, Total Marks: 30

4. MDC: Essence of Democracy and Indian Constitution

B.A 2nd Semester: Topic: Write a note on democratic principles installed in Indian Constitution.

Date/Time/Place of submission: B.A 28/4/2026 from 10 AM to 2 PM, At the Dept. of Geography, Total Marks: 30

It is mandatory to mention the Darrang College (Autonomous) Admit Card (1st Semester)

Roll Number of the students in the Assignment. There is no need to write the College UID

* Students from both BEA and Biotech. are included in B.Sc. Programme.

Dr. P. M. Saikia
26/3/26

(Dr.P.M. Saikia)

Principal,

Darrang College (A), Tezpur

Principal
Darrang College (Autonomous)
Tezpur, Sonitpur, Assam

Dr. H. A. Nath
26/3/26

(Dr.H.A. Nath)

Coordinator

MDC/VAC