

DARRANG COLLEGE, TEZPUR ASSAM, INDIA

<https://darrangcollege.ac.in>
e-mail: darrangcollege@gmail.com



**POLICY AND PROCEDURE FOR YOGA CENTRE
CENTRE FOR PERFORMING ARTS
AND
YOUTH WELLNESS HUB**



**POLICY AND PROCEDURE FOR YOGA CENTRE, CENTRE FOR PERFORMING ARTS
AND YOUTH WELLNESS HUB**

Policy no: / 2023

Document owner: Principal, Darrang College

Area: i) Performing arts

ii) Practice of yoga

iii) Youth wellness through creative exercise



Issued on:

Purpose: To promote a vibrant environment for the holistic development of the students

Scope: This policy applies to the Principal, Darrang College, Centre Head, Centre for Performing Arts, Yoga Instructor and the Teacher-in Charge of Darrang College Yoga Centre and the Coordinator of the Youth Wellness Hub and the students of Darrang College.

Policy statement: Darrang College is committed to create a vibrant environment for the all-round development of the students. All efforts are made to give the students best education along with the activities beyond classroom so that they can prepare themselves for their lives ahead. Each student comes with inherent talent and College is determined to create an environment to nurture the talents of the students.

With this purpose, College has established a Centre for Performing Art, a Yoga Centre named as Darrang College Yoga Centre and a Youth Wellness Hub to give the opportunities to students to learn something creative and enjoy their life in the campus.

Modalities for Yoga Centre:

- All the bonafide students, faculties, employees of the college are eligible to join the Darrang College Yoga centre.
- Guest can also join the centre with the permission from the teacher in charge.
- Yoga centre will be monitored by two faculty members as teachers-in charge.
- Yoga classes will be held after 3 P.M, for three days in a week.
- Competent Yoga practitioner of Tezpur will conduct the Yoga classes as Yoga instructor.
- The fee structure is devised as:
 1. Student: Joining fees Rs. 100 and monthly fees Rs.300 only.
 2. Faculty: Joining fees Rs. 100 and monthly fees Rs.500 only.
 3. Guest: Joining fees Rs. 100 and monthly fees Rs.1000 only.
- The remuneration will be paid to the instructor from the collected fee which is Rs. 2000 at present. The remuneration may vary from time to time depending on fee collected.
- The Principal Darrang College will possess the right to take decision regarding the functioning the Yoga centre.

Modalities for Performing Arts:

- The Centre for Performing Art will be headed by a Centre Head whose tenure will be initially for 3 years.
- The Centre for Performing Art will conduct classes on Sattriya Dance, Music, Flute and other Musical Instruments. In the music section, Jyoti Sangeet, Rabha Sangeet, Bhupendra Sangeet and Parbati Prasad Baruah Song will be taught.
- All the bonafide students, faculties, employees of the college are eligible to join the Centre for Performing Arts.
- Wards of the faculties can also join the centre with the permission from the teacher in charge.
- All the classes will be held after 3 P.M, Sattriya dance class will be held three days in a week, music class once in a week and Flute class once in a week.
- Qualified instructors in respective fields will train the students.
- The fee structure is devised as:
 1. Sattriya: Joining Rs. 100 and Rs. 500 monthly only.
 2. Music:Joining Rs. 100 and Rs. 1000 for 6 months only.
 3. Flute:Joining Rs. 100 and Rs. 500 monthly only.
- The remuneration will be paid to the instructors as negotiated at the beginning of the classes.
- The Principal Darrang College will possess the right to take decision regarding the functioning the Centre for Performing Arts.

Modalities for Youth Wellness Hub:

- All the bonafide students, faculties, employees of the college are eligible to join the Darrang College Youth Wellness Hub.
- Students will get involved in purely recreational activities like watching movies and reviewing them, singing, dancing, acting etc.
- The activities will be purely for the students' mental wellbeing.
- The activities will create unity and brotherhood among the students.
- There is no joining fee for the students, faculties and employees.
- The Darrang College Students Union (DCSU) will be involved in the Youth Wellness Hub.
- There will be two teachers in charge for the Youth Wellness Hub.
- The Principal Darrang College will possess the right to take decision regarding the functioning the Youth Wellness Hub.



Paitig
Principal
Darrang College
Tezpur, Assam

Principal
Darrang College, Tezpur