REPORT ON
INTERNATIONAL YOGA DAY

Date : 21 June 2026

Organized by : NSS unit Darrang college in collaboration with IQAC and the student service center and Nss volunteers also participated in the district level celebration

Number of Participants : 75 NSS Volunteers

The NSS Unit of Darrang College (Autonomous), Tezpur, celebrated International Yoga Day on 21 June 2026 on the college campus in collaboration with the Internal Quality Assurance Cell (IQAC) and the Student Service Centre. The programme aimed to promote physical fitness, mental well-being, and the importance of yoga in maintaining a healthy lifestyle.

The celebration highlighted the significance of incorporating yoga into daily life to achieve a balance between physical and mental health. NSS volunteers actively participated in the programme, demonstrating their commitment to promoting health and wellness among students.


INTERNATIONAL YOGA DAY
VOLUNTEER


INTERNATIONAL YOGA DAY
Theme: "Yoga for healthy ageing"
NSS UNIT
DARRANG COLLEGE
TEZPUR


12th International Day of
YOGA
GPS Map Camera
Tezpur, Assam, India
Jr92+w5j, Mahabhairab, Tezpur, Assam
784001, India
Lat 26.620031° Long 92.800179°
Sunday, 21/06/2026 06:12 AM GMT +05:30
Google


GPS Map Camera
Tezpur, Assam, India
Jq9x+ww9, Mahabhairab, Tezpur, Assam
784001, India
Lat 26.619845° Long 92.799926°
Google